
MEADOWVALE SENIORS SOCIAL CLUB SEPT 2026 NEWSLETTER



Hi Everyone:

It's hard to believe that summer is almost over. Sure hope you had a great summer. We certainly had a hot summer with high humidity levels. We soon should see more seasonal temperatures especially with the Fall Season beginning on September 22nd. All our programs start back the week of September 8th.

Membership Renewals

We will be holding membership renewals in mid September. Please ensure that you keep your membership up to date so you can continue to enjoy the activities offered by our seniors' club. New membership cards will be issued. This year's membership fees will be \$15 to cover the increased costs of running our club. Membership renewal dates will be held on the following dates and times:

September 11th – noon to 1:00 PM and 3:15 to 4:00PM

September 14th – noon to 1:00 PM

September 17th – 10:30 AM to 12:30 PM

September 23rd – 10:30 AM to 12:30 PM

September 24th – 10:30 AM to 12:30 PM

Notice of Municipal Elections

The senior's room will be used for this year's Municipal Elections for both the Advanced Polls and on Election Day. There will be **No** MSSC activities on the following dates, except for Tai Chi which will take place outside weather permitting. There will also be activities for those programs using the Auditorium and Meeting Room 2.

Week of October 5th to October 9th, October 15th, October 16th, October 19th and October 26th.

Atlantic Canada Trp

In August, about 30 of us from Meadowvale went on a bus trip to the East Coast. Our trip started in Moncton, NB where we went to the Bay of Fundy where we saw some natural sculpting and we were there at low tide. The Bay of Fundy is known for its' extremely high tides. Next, we ventured to PEI and saw Anne of Green Gables, the setting of the books written by Lucy Maud Montgomery and had a guided tour of Charlottetown, PEI's capital and the Birthplace of Confederation. We went to Peggy's Cove Nova Scotia, home of Peggy's point lighthouse. We stopped at the Swiss Air Flight 111 Memorial and paid our respects to the 229 men, women and children who perished off the shores of the Atlantic Coast on September 2, 1998 which was located near Peggy's cove. We spent a day in Halifax, the largest Atlantic Canada City starting off with a guided tour of Pier 21 (Canadian Museum of Immigration), had lunch and strolled along the waterfront boardwalk and ended with a Guided bus tour of the City. We stopped at Fairview Lawn Cemetery where we paid our respects to those who perished aboard the Titanic on April 15, 1912. We walked through the Public Gardens and saw some wonderful horticulture. We went back to N.B. and visited the Covered Bridge in Hartland which at 1,282 feet (391 meters) is the longest covered bridge in the world. Our final stop was in Quebec City where we had lunch in the Old City part and had a guided bus tour. So much history there! We visited St. Anne the Basilica, Beupre, which is one of the largest churches in Canada. The photos below are of our very own Anne of Green Gables and of some travellers on our bus group taken by a large lobster which is fished on the east coast. We did enjoy a lobster dinner complete with a bib. Thanks goes to Kay Hughes for all the planning she did in organizing this wonderful trip. If you missed this one, not to worry, Kay has another bus trip planned for October going to Atlantic City, If you are interested, please contact Kay Hughes t 416-453-0091 or at khughescanada@gmail.com.



Volunteer Opportunity

Start2Finish (S2F), a national community-focused children's charity operating after-school programs, is looking to connect with adults age 55 and older in the Mississauga area who might be interested in volunteering for the upcoming school year. The program focuses on fostering literacy, building confidence, and promoting physical and mental well-being in children in grades 1-6.

There are two ways to get involved: 1) In-person Running & Reading Club (2 hours, once a week) or 2) online Brainworx program (30–40 minutes, twice a week) via a computer, tablet or smartphone;

Start2Finish offers flexible time commitment where volunteers can commit for the full school year (32 weeks), choose a shorter 4–8-week seasonal term (fall, winter, or spring), or participate on a rotational basis (bi-weekly or monthly);

By volunteering you will feel connected and belonging by sharing your life experiences with the next generation and be part of a team. There are 3 school locations in Mississauga. Incidental costs are covered through funding from a New Horizons grant.

If you are interested in volunteering and need further information please contact them at 905-319-1885 X 201, volunteers@start2finishonline.org or www.start2finishonline.org/volunteer-55. A notice has been put on the bulletin board.

Upcoming Events



Sept. 3rd -10:00AM Bus trip to Fallsview Casino with stop at Betty's Restaurant for lunch. Cost is \$70 and includes bus fare, lunch and \$35 in slot play. Meet at Meadowvale Go Station. Contact Kay Hughes at 416-453-0091 or at khughescanada@gmail.com for further details.



Sept 9th – 10:30AM- General Meeting and Potluck. Bingo will follow the meeting.



Sept. 16th – 10:30AM to Noon, Snack & Learn. Details to follow. There will be a sign-up sheet posted on the bulletin board. Contact Gloria Schubert at learn@mssc.world or at 905-855-1082 for further information.



Sept 18th - 3 :00 PM. Casino Bus trip to Mohawk, Campbellville. Cost is \$35.00 and includes \$50.00 worth of slot play. Meet at Meadowvale Go Station. Contact Kay Hughes at 416-453-0091 or at khughescanada@gmail.com for further details.

Upcoming Events Continued



Sept 25th – 10:30 to Noon – Fall fest. Music supplied by our very own DJ John Lewis. Please mark this date on your calendar. It will be a great time to come out to enjoy the music, do some dancing and spend some time with your friends. There will be light refreshments, coffee and tea. A sign-up sheet will be placed on the bulletin board. Contact Victor Cottrell at pres@mssc.world or at 905-820-2696 for further information. Please let him know if you have signed up and find you can't make it. We don't want to end up with too much leftovers.



Sept. 28th – 9:00 AM. Bingo Bus trip to Six Nations, Ohsweken. Cost is \$55.00 which includes \$55.00 worth of Bingo cards and lunch. Meet at Meadowvale Go Station. Contact Kay Hughes at 416-458-0091 or at khughescanada@gmail.com for further details.



Sept 30th – Community Centre Closed for National Day for Truth and Reconciliation Statutory Holiday. No MSSC activities that day.



Oct 5th - 10:30 AM to noon. Executive Committee meeting



Oct 12 – Thanksgiving Day. Community Centre Closed for holiday. No activities this day.



Oct. 21st – Snack & Learn. 10:30 AM to noon. Details to follow. There will be a sign-up sheet posted on the bulletin board. Contact Gloria Schubert at learn@mssc.world or at 905-855-1082 for further information.



Oct. 30th - Senior's Health Fair held in the seniors' room. There will be no MSSC activities on that day, except for Tai Chi which will be held outside weather permitting.

Upcoming Events Continued



Nov 2nd - 10:30 AM to noon. Executive Committee meeting



Nov 4th – 10:30 AM to noon Annual General Meeting. Elections for all Executive Committee positions will be held on this date. Please mark this day on your calendar. Lunch will be provided. Bingo will follow the meeting.



Nov 18th - 10:30 AM to Noon, Snack & Learn. Details to follow. There will be a sign-up sheet posted on the bulletin board. Contact Gloria Schubert at learn@mssc.world or at 905-855-1082 for further information



Dec 7th - 10:30 AM to noon. Executive Committee meeting



Dec 11th – Noon to 3:00 PM Christmas Party to be held in Auditorium. More details on ticket sales and menu to follow.



Dec 21st to Dec 31st. Kids Winter Camp. No MSSC activities except for Tai Chi to be held outdoors weather permitting.

Victor Cottrell [President]